

# Health & Safety

## School will look different when we return. As we reopen...

The health and safety of our students, staff, and families is of the utmost importance. Due to rapidly changing health and safety guidelines set forth by the County of San Diego and the California Department of Public Health, new and different systems will be in place at school.

### Screening at Home:

Students and staff are asked to self-screen for symptoms such as cough, shortness of breath, runny nose and fever at home before coming to school or getting on a bus.

Anyone with a fever of 100°F or more should not go to a school site. Those experiencing symptoms including persistent cough, shortness of breath, or runny nose should not attend school.

Staff members are required to self-screen and complete a daily temperature check prior to coming to a school site. Currently, temperature checks are also required at the school site.

### Arriving at School:

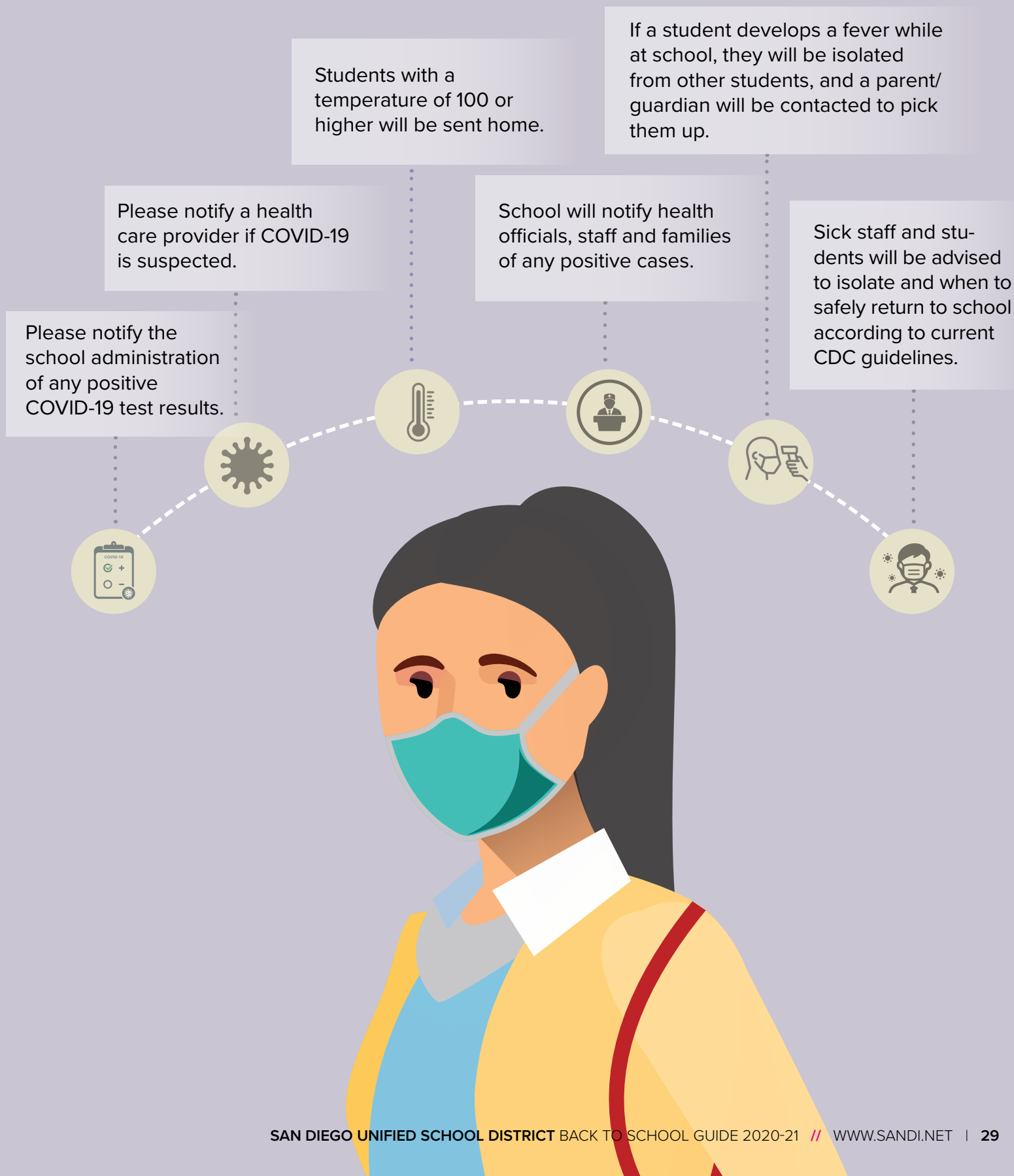
Arrival/departure times and campus entry points will be managed to allow for appropriate physical distancing.

Physical barriers will be installed in areas where face-to-face interaction with the public occurs.

School sites will have signage throughout campus to encourage safe physical distancing and proper sanitation.

Staff may be tested periodically, in compliance with CDPH guidelines, as lab testing capacity allows.

## ESTABLISHED PROTOCOLS IF A TEMPERATURE OF 100°F+ IS DETECTED:



# PERSONAL PROTECTIVE EQUIPMENT AND PROTOCOLS

## WHAT TO EXPECT WHEN RETURNING TO SCHOOL



### Face Masks

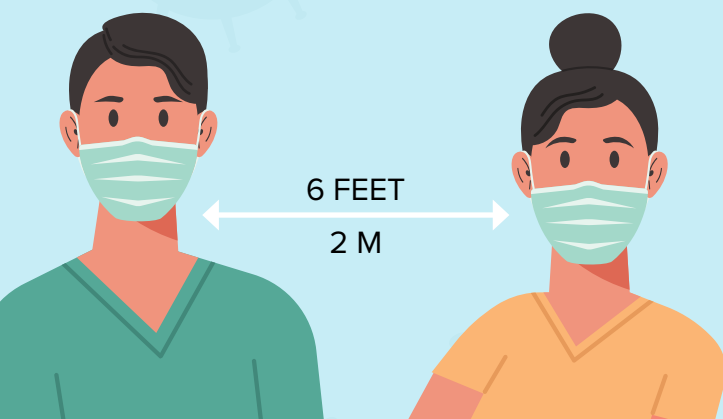
- Staff and students will be trained on proper hand hygiene, including hand washing and use of hand sanitizer (CDC: Handwashing: Clean Hands Save Lives).
- Students will be instructed to wash or sanitize their hands upon arrival to campus.
- Handwashing and hand sanitizing for staff and students will be reinforced daily with time allotted to wash hands regularly.
- Extra handwashing stations and hand sanitizer will be available.
- Schools will limit sharing of supplies: Individual belongings will be limited and wherever possible separated in individually labeled storage containers, cubbies or areas.
- Visual reminders will be provided and posted for staff and students.

- Student requirements for wearing face masks will be guided by the current public health guidelines and district policy: Currently, face masks are required (unless exempt) for students.
- Students with certain medical/sensory/cognitive/behavioral needs will not be required to wear a mask and it will be determined on an individual basis the best accommodation needed. Accommodations will be a school team decision and not based solely on a doctor's note.

- Students and families will be educated on proper face mask protocol. Parents are asked to familiarize their children with the use of cloth face masks. Students without masks will be provided one.
- All staff will be provided with face masks and are required to wear fabric face masks. Face masks with clear plastic inserts will be available for instructional or communication needs.
- Visual reminders regarding the proper use of masks will be provided and posted for staff and students.



### Hand Hygiene



### Physical Distancing

- Depending on the number of families choosing on-campus learning, sites may need to implement contingency plans to ensure adequate physical distancing.
- Sites will design spaces with physical distancing in mind, which may include instruction outdoors or in larger areas and one-way traffic flow in hallways.
- Student work spaces will be arranged with consideration for maximum physical distancing, following public health recommendations. Partitions may be used on desktops.
- Teacher and other staff desks will be distanced at least six feet away from student desks whenever possible.
- Group activities will be significantly limited, and off-site field trips will be suspended.
- Visual reminders will be provided and posted for staff and students.

# MAINTENANCE AND OPERATIONS

## SAFETY EQUIPMENT

San Diego Unified School District is committed to securing additional safety equipment to maintain the cleanliness and safety of campuses included but not limited to:

### HAND SANITIZING DISPENSERS & PORTABLE SINKS



A combination of hand sanitizer dispensers and portable sinks will be located throughout the campus to provide ready access to hand washing and to promote hand hygiene.

### PERSONAL PROTECTIVE EQUIPMENT FOR STUDENTS AND STAFF



The district will provide reusable face masks for students and staff. A disposable mask will be provided to anyone who is not in possession of a mask. All staff and students are required to wear fabric face masks unless prevented due to health conditions or instructional/communication needs. In those instances, staff will be provided with a clear face shield with drape, a face mask with plastic insert, or other equipment appropriate for the situation. Additional disposable masks and gloves are also available, as needed.

### DISINFECTANT SPRAYERS AND UV CLEANERS



The district has deployed electric disinfectant sprayers at each campus.

The sprayers will enable custodial staff to more efficiently carry out the task of daily disinfecting our campuses. The units spray a fine mist of disinfectant solution covering surfaces.

Detailed attention will be given to high-touch areas such as door handles, chairs, desktops, sink handles, handrails and restrooms throughout the day.

UltraViolet (UV-C) Disinfecting Wands have been ordered and will be used where disinfectant sprays are not practical.

### TOUCHLESS THERMOMETERS



The district has provided each school and district site with touchless thermometers so staff may screen, employees and visitors as they enter campus.

## OTHER SAFETY CONSIDERATIONS

Campuses will follow guidelines developed by the CDPH and panel of experts from UCSD for cleaning, disinfection and ventilation of school sites as practicable.

Drinking fountains will be disabled. Students should bring their own water bottles and may refill their bottles at designated sinks on campus.

Breaks, recesses and lunch will be

staggered as feasible to allow maximum physical distancing.

Portable handwashing stations will be set up in high traffic areas on each campus. Just a reminder, every elementary classroom is already equipped with a sink for handwashing.

Bathrooms will be cleaned and stocked with soap and paper towels throughout the day.

Disinfecting wipes and/or disinfection sprays will be provided in every classroom.

HVAC systems have been serviced and inspected across the District to ensure proper operation. Systems have been adjusted to maximize the circulation of outside air.

Where equipment permits, the district is upgrading HVAC filtration from

MERV 8 to a MERV 13 or HEPA filter, exceeding current requirements.

HVAC schedules will be set to run at least one hour before and after occupied hours.

Portable air purifiers will be utilized in high risk areas such as health offices or COVID symptoms rooms wherever possible and practicable.

# TRANSPORTATION

## WHAT TO EXPECT WHEN RETURNING TO SCHOOL

### Boarding & Disembarking



Students should practice physical distancing while waiting at school bus stops and student loading zones on campuses.

Should a student become ill during transit, they will be isolated in a dedicated seat behind the driver.

Students will load from back of bus to front of bus and disembark from the front of bus to the back.

Students will be required to wear face mask while at bus stop and on bus.

Only one student per seat alternating between window and aisle for each row.

### Disinfecting & Cleaning

1

Transportation has purchased electrostatic disinfecting sprayers. Each bus will be disinfected nightly with the electrostatic sprayer.

2

Bus Drivers will be trained in proper disinfection practices. Wipe down of high touch point areas between routes & After AM assignments

3

At least 4 passenger windows on the school bus will be open while students are aboard to ensure maximum ventilation, unless doing so poses a safety or health risk for occupants.



### Face Masks

Drivers may remove face masks to ensure safe operation of the bus, unless within 6 feet of the nearest passenger.



Due to the likely inability to provide physical distancing on buses, students and drivers will be required to wear face masks while on a school bus.

# FOOD & NUTRITION

## SAFETY EQUIPMENT

### Student meals for on-campus & online learning. As we reopen...

San Diego Unified Food and Nutrition Services is committed to providing healthy school meals in order to support student academic success and promote healthful eating habits that lead to lifelong positive nutrition practices. The department has developed, and will adhere to, the following measures to ensure the overall health and safety of students who rely on San Diego Unified meal service. Food and Nutrition staff will follow safety guidelines set forth by the California Department of Public Health for handwashing, proper sanitation of work stations, physical distancing, and face coverings.

#### Grab & Go Meals

- Distribute curbside grab n' go meals at designated school locations.
- Offer nutritious breakfast and lunch to all students participating in online learning.
- Follow health and safety protocols, including hand hygiene, physical distancing, wearing face coverings and gloves.



#### On-Campus Meals

- Provide contact-free meal service to protect students and employees.
- Offer nutritious breakfast and lunch daily to all students participating in on-site learning.
- Eliminate self-service stations and use fresh, prepared packaged foods.
- Implement cashless transactions and emphasize prepayment.
- Stagger meal times as feasible to allow for cleaning between meal services to ensure physical distancing.

### OTHER SAFETY PROTOCOLS FOR MEAL DISTRIBUTION ON CAMPUS:

Schools will predetermine additional spaces for lunch as needed to ensure physical distancing in outdoor lunch areas.

Hand sanitizing dispensers will be located in lunch areas. Students will need to either wash their hands with soap and water or use hand sanitizer prior to picking up their food.

Meals will be provided according to meal eligibility. Check if your student attends a school where all students eat at no cost or fill out a free and reduced-price meal application at [www.sandiegounified.org/food](http://www.sandiegounified.org/food)

Add money to your student's meal account at [www.paypams.com](http://www.paypams.com)



# COVID-19 Protocol & Notification

The following steps have been provided by the California Department of Public Health for measures to be taken when a student, teacher, or staff member has symptoms, is in contact with someone infected, or is diagnosed with COVID-19.

## COVID-19 EXPOSURE ACTION & COMMUNICATION STEPS\*

STUDENT OR STAFF WITH:	ACTION	COMMUNICATION
COVID-19 Symptoms (e.g., fever, cough, loss of taste or smell, difficulty breathing) Symptom Screening: Per CA School Sector Specific Guidelines	<ul style="list-style-type: none"> <li>• Send home.</li> <li>• Recommend testing (if positive see #3, if negative see #4)</li> <li>• School/classroom remain open</li> </ul>	<ul style="list-style-type: none"> <li>• No action required</li> </ul>
Close contact <sup>(†)</sup> with a confirmed COVID-19 case	<ul style="list-style-type: none"> <li>• Send home</li> <li>• Quarantine for 14 days from last exposure</li> <li>• Recommend testing (but will not shorten 14 day quarantine)</li> <li>• School/classroom remain open</li> </ul>	<ul style="list-style-type: none"> <li>• Consider school community notification of a known contact</li> </ul>
Confirmed COVID-19 case infection	<ul style="list-style-type: none"> <li>• Notify the local public health department</li> <li>• Isolate case &amp; exclude from school for 10 days from symptom onset or test date</li> <li>• Identify contacts <sup>(†)</sup>, quarantine &amp; exclude exposed contacts (likely entire cohort <sup>(††)</sup> for 14 days after the last date the case was present at school while infectious</li> <li>• Recommend testing of contacts, prioritize symptomatic contacts (but will not shorten 14 day quarantine)</li> <li>• Disinfection and cleaning of classroom &amp; primary spaces where case spent significant time</li> <li>• School remains open</li> </ul>	<ul style="list-style-type: none"> <li>• School community notification of a known case</li> </ul>
Tests negative after symptoms	<ul style="list-style-type: none"> <li>• May return to school 3 days after symptoms resolve</li> <li>• School/classroom remain open</li> </ul>	<ul style="list-style-type: none"> <li>• Consider school community notification if prior awareness of testing</li> </ul>

<sup>(†)</sup> A contact is defined as a person who is <6 feet from a case for >15 minutes. In some school situations, it may be difficult to determine whether individuals have met this criterion and an entire cohort, classroom, or other group may need to be considered exposed, particularly if people have spent time together indoors.

<sup>(††)</sup> A cohort is a stable group with fixed membership that stays together for all courses and activities (e.g., lunch, recess, etc.) and avoids contact with other persons or cohorts.

*\*NOTE: Please ensure to provide your school site with the most up-to-date contact information.*

# Wellness

The San Diego Unified School District Wellness staff is housed in the Department of Nursing & Wellness, under the Division of Integrated Youth Services (IYS). We are responsible for the implementation of the **District Wellness Initiative**, first launched in Fall 2016, to support health & well-being of more than 10,000 staff, 100,000 students and their families.

## Wellness at School Level:

To ensure implementation of the District Wellness Policy at the individual site level, each of our 175+ schools has an identified School Site Wellness Coordinator (school staff member who volunteers in this role) who helps to assess, plan and implement wellness projects for their school community.

## Wellness at Individual Student Level:

**High School Wellness Centers:** to support the well-being of students at our high priority high schools we have five (5) high school Wellness Centers at Hoover, Lincoln, Morse, San Diego High and Serra. Each Wellness Center is run by a Wellness Center Coordinator. The Wellness Center Coordinators meet 1-on-1 with high school students to provide resources, community partner referrals/supports, and coordinate monthly Life Skills Education workshops.

**Healthy Start Collaborative Sites:** in addition to our Wellness Centers, which are run by San Diego Unified School District employees, we also have 12 Healthy Start Sites, run by CBOs (SAY San Diego, YMCA and Bayside Community Center). These agencies house part-time staff on 12 of our elementary, middle and high school campuses to support students/families with their physical/emotional health needs.



For more information, please see District [Wellness](#) page.



# Onsite Learning When It's Safe to Resume

Students will have time to interact with their teachers and their peers, have access to enrichment and support and will benefit from customized learning as educators incorporate the innovative and dynamic technology based platforms and tools they used during Distance Learning.

## Continuity of Learning

To ensure continuity of learning, San Diego Unified School District is committed to the following:

Keep students enrolled in their school of attendance.

Avoid shifts in class assignments by ensuring that all students are members of a stable classroom/ learning community. We are anticipating unexpected school closures once on-site learning resumes and are ensuring that class and course assignments can facilitate the seamless transition between online learning and on-site learning.

Developing a guaranteed, viable curriculum in addition to culturally sustaining and responsive instructional strategies to ensure students have equitable access and support for learning

Develop sample schedules schools can use to customize site- schedules to meet student needs



# COVID-19 Symptom Decision Tree

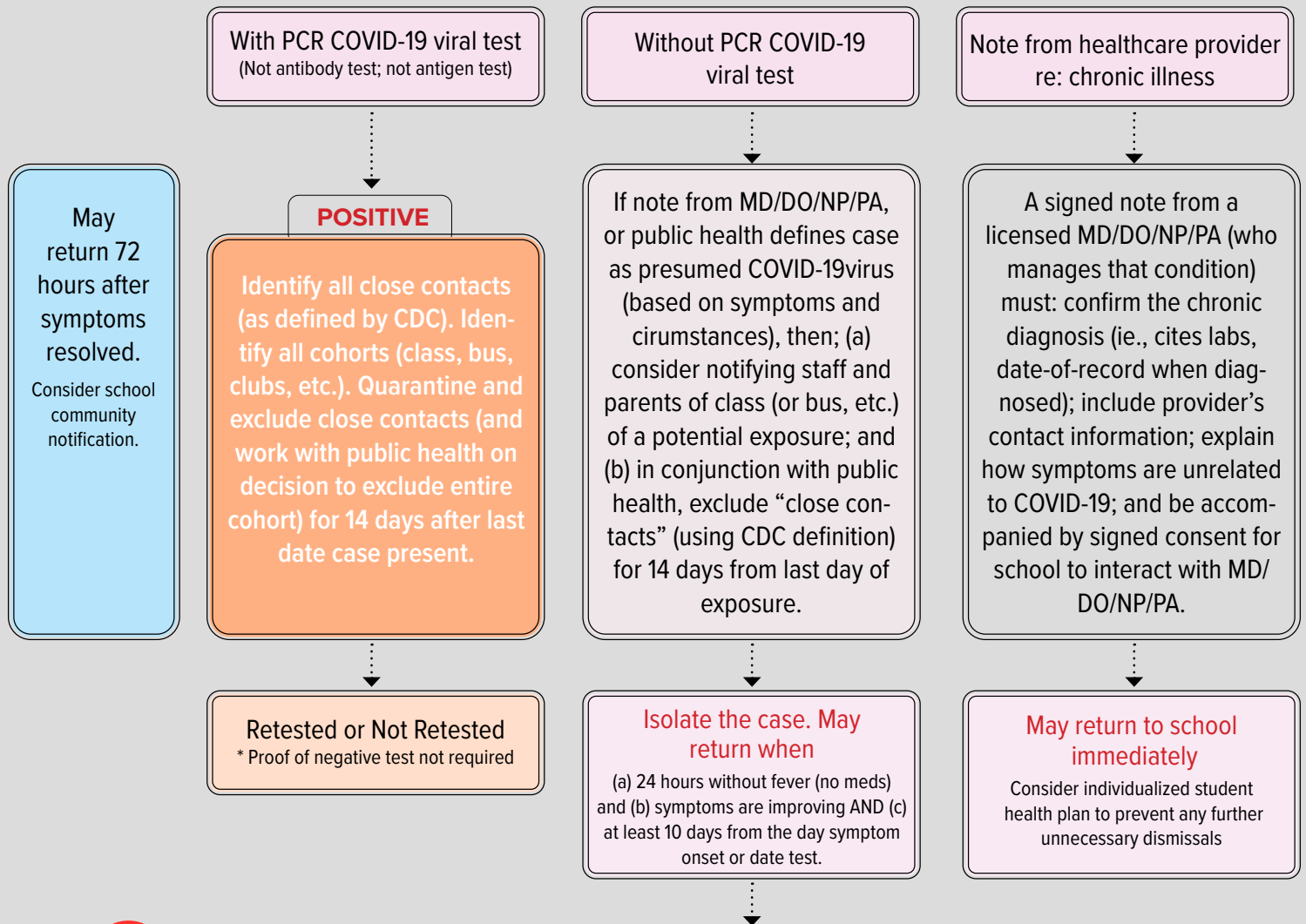
Please refer to this decision tree from the San Diego County Health & Human Services Agency regarding when students or staff should stay home.

## AT SCHOOL, STUDENT OR STAFF MEMBER DEVELOPS ANY OF THE FOLLOWING SIGNS OR SYMPTOMS:

**FEVER** with or without chills/rigors (fever defined as  $T > 100.0$  that does not resolve within 30 min. without medication);  
**COUGH\*** | **SHORTNESS OF BREATH** | **NASAL CONGESTION/RHINORRHEA (RUNNY NOSE)\*** | **SORE THROAT** | **NAUSEA, VOMITING/**  
**DIARRHEA\*** | **FATIGUE\*** | **NEW LOSS OF TASTE/SMELL** | **HEADACHE\*** | **MUSCLE/BODY ACHES\*** | **POOR FEEDING/POOR APPETITE\***

*\*Disregard this symptom if school personnel already aware of a chronic, pre-existing condition that causes the symptom. The nature of the presenting symptom (e.g. duration, intensity) must be consistent with the underlying chronic condition.*

**ACTION:** Apply appropriate PPE, isolate student/staff member until sent home; recommend they reach health care provider for instructions. Note: Other infections can cause same symptoms (e.g. m. flu, strep, etc.) but these do not rule out COVID-19 as a co-occurring



If school becomes aware of one case in cohort (shared bus, classroom, lab, team, etc.) then have school district’s liaison to Public Health Department report the case for further direction on quarantine.