

Production Menu Nutrient Analysis

Date Range : From 03/01/2021 to 03/05/2021

Sites : *Dietitian's Menu Planning Site

Menus : All Menus

Serving Locations: All Serving Locations.

Age Group:

Calculations displayed are Per Serving

Production Menu Nutrient Analysis

Date : 03/01/2021

Menu : 2021 Grab N Stay 9-12 Lunch D1

Item Nutrition Composition Contribution - (***) = Missing nutrient Value)																						
	Name	Serving Size	Cal (KCal)	Fat (g)	SFat (g)	Total Trans (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Tot Sugars (g)	Added Sugars (g)	Pro (g)	Vit D (mcg)	Ca (mg)	Fe (mg)	K(mg)	% Kcal From Fat	% Kcal From SFat	% Kcal From Carb.	% Kcal From Pro	% Weight from Total Sugars
	Sandwich, Sunflower Butter & Jelly	1.00 Each	401.501	18.137	1.996	.000	.000	423.112	48.207	6.159	***	***	11.320	***	19.963	2.997	***	40.656	4.475	48.026	11.278	***
	CHEESE, COLBY JACK, IW	1.00 Each	91.125	6.075	3.544	.000	15.188	212.625	.000	.000	***	***	8.100	***	202.498	.000	***	59.999	35.000	.000	35.556	***
	CARROTS, RAW, BABY, IW	1.00 Each	29.767	.111	.020	***	.000	66.339	7.008	2.466	***	***	.544	***	27.216	.757	***	3.343	.591	94.171	7.314	***
	MILK, CHOCOLATE, NONFAT, CARTON	1.00 Each (8oz)	110.000	.000	.000	.000	5.001	135.000	19.999	.000	***	***	7.999	***	250.002	.721	***	.000	.000	72.724	29.088	***
	MILK, WHITE, 1%, CARTON	1.00 Each (8oz)	120.000	2.499	1.499	.000	15.001	150.001	16.001	.000	***	***	11.000	***	300.011	.000	***	18.745	11.244	53.336	36.666	***

Production Menu Nutrient Analysis

Date : 03/02/2021

Menu : 2021 Grab N Stay 9-12 Lunch D2

Item Nutrition Composition Contribution - (***) = Missing nutrient Value)																						
	Name	Serving Size	Cal (KCal)	Fat (g)	SFat (g)	Total Trans (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Tot Sugars (g)	Added Sugars (g)	Pro (g)	Vit D (mcg)	Ca (mg)	Fe (mg)	K(mg)	% Kcal From Fat	% Kcal From SFat	% Kcal From Carb.	% Kcal From Pro	% Weight from Total Sugars
	Sandwich, Turkey & Swiss, Kaiser Bun	1.00 Each	344.997	14.618	6.711	.000	58.842	1,021.839	31.838	3.340	***	***	23.007	***	271.819	2.072	***	38.135	17.507	36.914	26.675	***
	FRUIT MIX, CANNED	1.00 Scoop#8	45.360	.000	.000	.000	.000	3.780	11.340	.756	***	***	.000	***	.000	.000	***	.000	.000	100.000	.000	***
	CARROTS, RAW, BABY, IW	1.00 Each	29.767	.111	.020	***	.000	66.339	7.008	2.466	***	***	.544	***	27.216	.757	***	3.343	.591	94.171	7.314	***
	MILK, CHOCOLATE, NONFAT, CARTON	1.00 Each (8oz)	110.000	.000	.000	.000	5.001	135.000	19.999	.000	***	***	7.999	***	250.002	.721	***	.000	.000	72.724	29.088	***
	MILK, WHITE, 1%, CARTON	1.00 Each (8oz)	120.000	2.499	1.499	.000	15.001	150.001	16.001	.000	***	***	11.000	***	300.011	.000	***	18.745	11.244	53.336	36.666	***

Production Menu Nutrient Analysis

Date : 03/03/2021

Menu : 2021 Grab N Stay 9-12 Lunch D3

Item Nutrition Composition Contribution - (***) = Missing nutrient Value)																						
	Name	Serving Size	Cal (KCal)	Fat (g)	SFat (g)	Total Trans (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Tot Sugars (g)	Added Sugars (g)	Pro (g)	Vit D (mcg)	Ca (mg)	Fe (mg)	K(mg)	% Kcal From Fat	% Kcal From SFat	% Kcal From Carb.	% Kcal From Pro	% Weight from Total Sugars
	Sandwich, Sunflower Butter & Jelly	1.00 Each	401.501	18.137	1.996	.000	.000	423.112	48.207	6.159	***	***	11.320	***	19.963	2.997	***	40.656	4.475	48.026	11.278	***
	CHEESE, COLBY JACK, IW	1.00 Each	91.125	6.075	3.544	.000	15.188	212.625	.000	.000	***	***	8.100	***	202.498	.000	***	59.999	35.000	.000	35.556	***
	Harvest of the Month	1.00 Each	53.943	.000	.000	.000	.000	8.299	12.448	4.149	***	***	.000	***	41.495	.747	***	.000	.000	92.305	.000	***
	Seasoned Corn	1.00 Serving (#8 scoop)	99.222	1.256	.000	***	.000	588.072	17.157	1.288	***	***	1.268	***	7.055	.065	***	11.397	.002	69.166	5.113	***
	MILK, CHOCOLATE, NONFAT, CARTON	1.00 Each (8oz)	110.000	.000	.000	.000	5.001	135.000	19.999	.000	***	***	7.999	***	250.002	.721	***	.000	.000	72.724	29.088	***
	MILK, WHITE, 1%, CARTON	1.00 Each (8oz)	120.000	2.499	1.499	.000	15.001	150.001	16.001	.000	***	***	11.000	***	300.011	.000	***	18.745	11.244	53.336	36.666	***

Production Menu Nutrient Analysis

Date : 03/04/2021

Menu : 2021 Grab N Stay 9-12 Lunch D4

Item Nutrition Composition Contribution - (***) = Missing nutrient Value)																						
	Name	Serving Size	Cal (KCal)	Fat (g)	SFat (g)	Total Trans (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Tot Sugars (g)	Added Sugars (g)	Pro (g)	Vit D (mcg)	Ca (mg)	Fe (mg)	K(mg)	% Kcal From Fat	% Kcal From SFat	% Kcal From Carb.	% Kcal From Pro	% Weight from Total Sugars
	WAFFLES, VANILLA BELGIAN (IW)	1.00 Each	240.000	9.000	2.500	.000	20.000	200.000	37.000	2.000	***	***	4.000	***	.000	.000	***	33.750	9.375	61.667	6.667	***
	SUNFLOWER BUTTER	1.00 Scoop#16	400.000	32.000	4.000	.000	.000	240.000	14.000	8.000	***	***	14.000	***	40.000	2.880	***	72.000	9.000	14.000	14.000	***
	PEACHES, CANNED, DICED	1.00 Scoop#8	51.605	.000	.000	.000	.000	10.322	12.385	.000	***	***	.000	***	.000	.000	***	.000	.000	95.995	.000	***
	CARROTS, RAW, BABY, IW	1.00 Each	29.767	.111	.020	***	.000	66.339	7.008	2.466	***	***	.544	***	27.216	.757	***	3.343	.591	94.171	7.314	***
	MILK, CHOCOLATE, NONFAT, CARTON	1.00 Each (8oz)	110.000	.000	.000	.000	5.001	135.000	19.999	.000	***	***	7.999	***	250.002	.721	***	.000	.000	72.724	29.088	***
	MILK, WHITE, 1%, CARTON	1.00 Each (8oz)	120.000	2.499	1.499	.000	15.001	150.001	16.001	.000	***	***	11.000	***	300.011	.000	***	18.745	11.244	53.336	36.666	***

Production Menu Nutrient Analysis

Date : 03/05/2021

Menu : 2021 Grab N Stay 9-12 Lunch D5

Item Nutrition Composition Contribution - (***) = Missing nutrient Value)																						
	Name	Serving Size	Cal (KCal)	Fat (g)	SFat (g)	Total Trans (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Tot Sugars (g)	Added Sugars (g)	Pro (g)	Vit D (mcg)	Ca (mg)	Fe (mg)	K(mg)	% Kcal From Fat	% Kcal From SFat	% Kcal From Carb.	% Kcal From Pro	% Weight from Total Sugars
	Sandwich, Turkey and American	1.00 Each	240.750	5.000	2.000	.000	32.812	885.625	31.038	3.000	1.000 !	***	17.125	***	164.000	1.535	***	18.692	7.477	51.568	28.453	.782 !
	SLUSH, KIWI STRAWBERRY	1.00 Each (4oz)	59.999	.000	.000	.000	.000	15.000	15.000	.000	***	***	.000	***	.000	.360	***	.000	.000	100.002	.000	***
	Seasoned Corn	1.00 Serving (#8 scoop)	99.222	1.256	.000	***	.000	588.072	17.157	1.288	***	***	1.268	***	7.055	.065	***	11.397	.002	69.166	5.113	***
	MILK, CHOCOLATE, NONFAT, CARTON	1.00 Each (8oz)	110.000	.000	.000	.000	5.001	135.000	19.999	.000	***	***	7.999	***	250.002	.721	***	.000	.000	72.724	29.088	***
	MILK, WHITE, 1%, CARTON	1.00 Each (8oz)	120.000	2.499	1.499	.000	15.001	150.001	16.001	.000	***	***	11.000	***	300.011	.000	***	18.745	11.244	53.336	36.666	***