

GRAB N' STAY LUNCH MENU

MENU SUBJECT TO CHANGE
VISIT SANDIEGOUNIFIED.ORG/FOOD FOR NUTRITION AND ALLERGEN INFO

MONDAY

Sunbutter & Jelly Sandwich
Colby Jack Cheese Stick
Baby Carrots
1% White Milk or NF Chocolate Milk

TUESDAY

Turkey & Swiss Crostini Sandwich
Canned Diced Fruit
Baby Carrots
1% White Milk or NF Chocolate Milk

WEDNESDAY

Sunbutter & Jelly Sandwich
Colby Jack Cheese Stick
Harvest of the Month
Seasoned Corn
1% White Milk or NF Chocolate Milk

THURSDAY

Vanilla Waffle and Sunbutter Cup
Canned Diced Fruit
Baby Carrots
1% White Milk or NF Chocolate Milk

FRIDAY

Turkey & Cheese Sandwich
Kiwi Strawberry 100% Juice Slushie
Seasoned Corn
1% White Milk or NF Chocolate Milk



Healthy food.
Successful students.
Food & Nutrition Services